

## DIARY SHEET - Measuring Date:

Room type (for open plan spaces tick all that apply)      Living space      Kitchen      Bedroom      Other  
 Measuring (tick as appropriate)      PM<sub>2.5</sub>      VOCs      Temperature      Humidity

### AVERAGE NUMBER OF OCCUPANTS

Hour beginning	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm–6am
In the measurement room																
In the home (total)																

### MEASUREMENTS

Hour beginning	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm–6am
<b>Measurement description</b>																

### ACTIVITIES (TICK)

Use one colour for activities in the measurement room, and another for those elsewhere in the home.

Hour beginning	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm–6am
<b>Activity description*</b>																

\*This could include activities such as burning candles, vacuuming, sweeping, using cleaning or personal care products (note if spray), air freshener (note if spray), smoking or vaping, showering or bathing, drying laundry, windows opened and internal doors opened

### NOTES

